



ADDICTION “AFTERCARE”

TUFF Addiction Social Services™ provides comprehensive assistance to persons in early recovery. We provide tools and resources for successful re-entry into the world with renewed independence and freedom. TUFF Services is committed to help clients break the cycle of addictive use by providing traditional and non-traditional aftercare, tailored to each person’s unique needs, strengths and goals.

“Aftercare” is a general term used to describe any ongoing or follow-up treatment for substance abuse that occurs after an initial rehab program. No matter the setting, treatment provider, or methods used, the goals of addiction aftercare programs are the same. Some include:

- To maintain recovery from addictive substances,
- To explore ways to prevent relapse,
- To achieve a life filled with rewarding relationships and a sense of purpose.

The physical impact of addiction is usually accompanied by psychological changes affecting thoughts, feelings, and behaviors that may persist in early abstinence. Many complete treatment programs only to find themselves back where they started due to a lack of recovery skills, guidance or resources. Tuff Addiction Social Services will provide these tools and resources for a fresh start.

Please call for more information and a FREE consultation!

Recovery Support,
Sober Living,
Fresh Start
Opportunities
Felony Removal

Spiritual Care,
Outpatient
Counseling

Employment &
Educational
Assistance, Utility
& Transportation
Assistance

Self-Care
Fulfillment

**TUFF SERVICES
MINISTRIES**

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