



PASTORAL COUNSELING AND LIFE COACHING

People get hurt, frustrated and discouraged for a number of reasons. Some people create their own troubles through wrong decisions and actions. Many people suffer at the hands of others or simply because of circumstances beyond their control. This is especially true for those who are facing tough times through no fault of their own. I would like to take you on a personal journey. A journey during which you're going to have to be brutally honest with yourself. No matter how difficult, hold onto hope, because there is healing in this journey that we will take together!

My reflection: "By understanding the process and path of brokenness, you begin to heal. If you can understand the why of your wounds, then the how of coming out of your pain will begin to make sense." Call me for a **FREE** consultation!

Areas Of Practice:

Addiction, Alcohol Abuse, Anger Management, Anxiety, Behavioral Issues, Career Counseling, Coping Skills, Depression, Divorce, Domestic Abuse, Drug Abuse, Trauma – PTSD, Suicide Ideation

Certified Interfaith Counselor And Ordained Minister & Ordained Chaplain

CISM Certified

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